

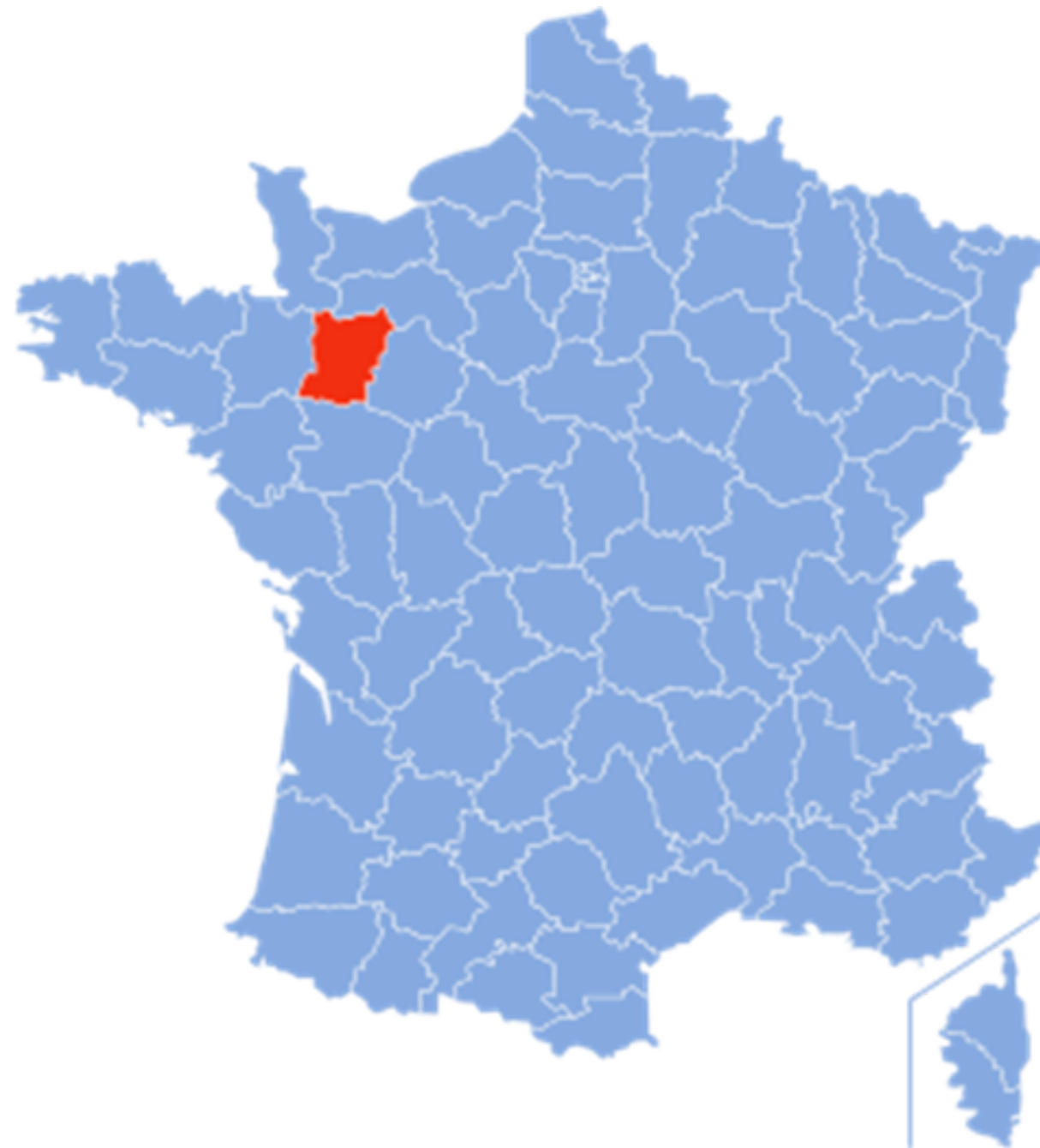


EUROPEAN SOLIDARITY CORPS AT HABITAT JEUNES IN LAVAL





WELCOME TO LAVAL !



Laval is a city with 50,000 inhabitants in western France, capital of the department of Mayenne in the Pays de la Loire region.



- 1h from Rennes, Angers and Le Mans
- 1h30 with train from Paris
- 1h30 from St Malo/Cancale/Dinard (charming cities on the coast) and le Mont St Michel (ont the most famous place in France)

RENNES



ST MALO



MONT ST MICHEL

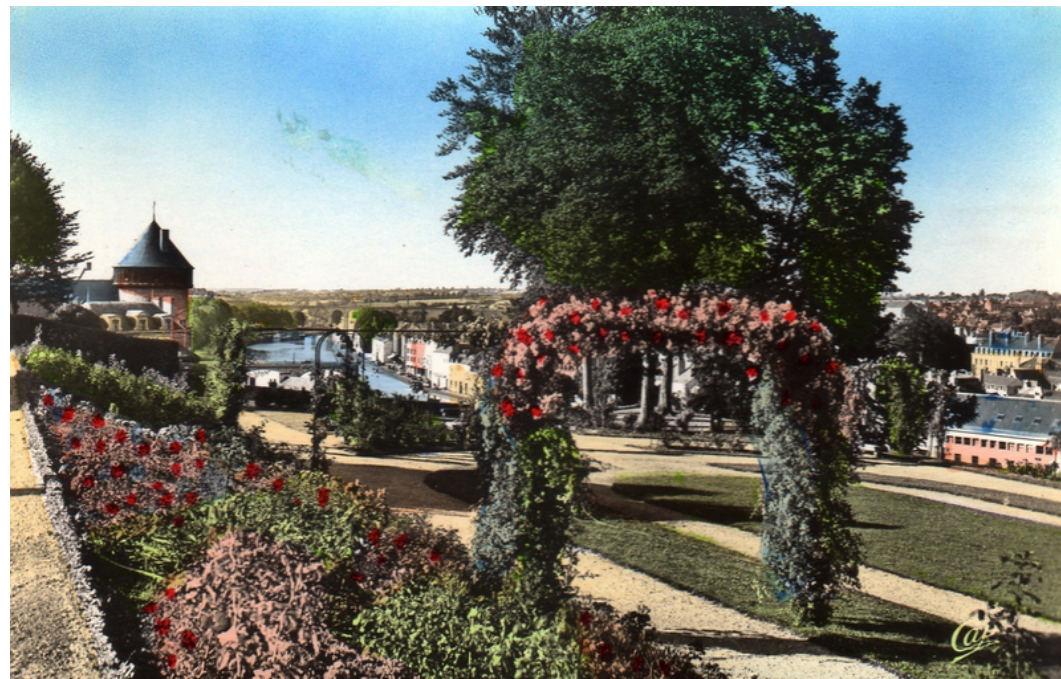




WHAT ABOUT LAVAL?



- https://www.youtube.com/watch?v=YFHW_qOWsm4



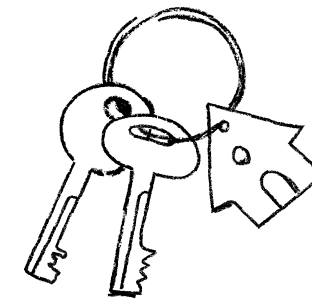


WHERE YOU WILL LIVE : HABITAT JEUNES - RÉSIDENCE PIERRE DE COUBERTIN



For young people aged between 16 and 30 years old (students, trainees, apprentices, volunteers, international language assistants...).

YOUR FLAT



This will be your flat which you will share with another European volunteer



YOUR ROOM



- No need to bring bed sheets (it is already included)
- You need to bring some towels
- There is a laundry room in the residence (4€ for washing and drying + getting the washing product)



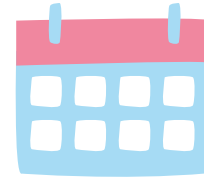


THE SERVICES OF THE RESIDENCE



- A canteen where you can eat for breakfast, lunch or dinner for low prices, and is also a common room for spending time with neighbours.

THE SERVICES OF THE RESIDENCE



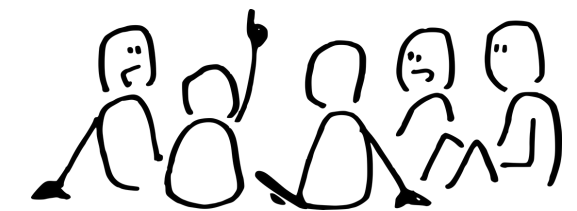
- A cafeteria where animations are organised every evening from Monday to Thursday (conversation evening, theatre, cooking evening, cinema evening, etc.).
Free of charge.

THE SERVICES OF THE RESIDENCE



Together

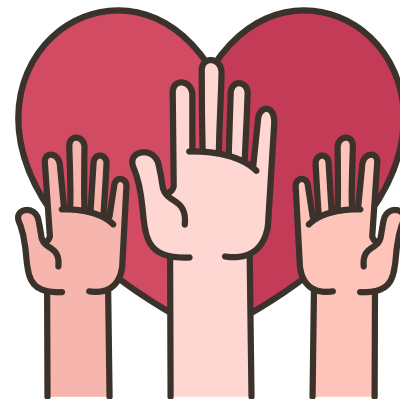
- There is also a gym area and a large hall where events are organised.



<https://www.facebook.com/residencepdc.pdc/timeline?lst=100009735936436%3A100000743597940%3A1595495186>

YOU WILL SHARE THIS EXPERIENCE WITH OTHER VOLUNTEERS :

1. One volunteer who will work in La maison de l'Europe also in Laval;
2. One volunteer who will work in Maison Familiale Rurale in Craon;
3. One volunteer who will work in Ensemble Scolaire Don Bosco in Mayenne.





WHERE YOU WILL WORK :



Habitat Jeunes Laval was founded in 1967, and its aim is to provide a structure for welcoming, animating, informing and guiding young people in their social, cultural and professional life. It offers accommodation for 16-30 year-olds, group activities, a catering service open to all, and individual support in its three residences in Laval

THE TEAM



- The secretary's team
- Catering team: the social restaurant is open to residents at preferential rates, and is also open to everyone, provided they are members of the association.
- Housekeeping and maintenance team
- The maintenance team is on the premises from 7:30 am to 3:15 pm. They maintain the communal areas and run the cafeteria at lunchtime.
- The socio-educational team: the diversity and expertise of the team help to personalize and adapt support, according to the expectations and needs of each young person.
- During their stay, young people can be assisted with administrative formalities and day-to-day issues (health, employment, etc.). In general, a youth worker is on hand from 11:00 am to 10:00 pm, Monday to Thursday, and from 9:30 am to 8:00 pm on Fridays.



YOUR PROJECT :

GROUP TIMES FOR "LIVING TOGETHER"

1. Living in a Habitat Jeunes residence also means meeting other residents from diverse social, geographical and cultural backgrounds, and sharing moments of conviviality and leisure. Each resident's involvement contributes to the development of citizenship.



YOUR PROJECT :

GROUP TIMES FOR "LIVING TOGETHER"



2. Organized according to a monthly schedule, activities are varied and open to all. Activities are organized according to the wishes of residents, and initiatives are encouraged so that everyone can play an active part in the community. Social diversity is a fundamental pillar of the Habitats Jeunes project.



YOUR PROJECT :

AMBASSADOR OF EUROPE AND MOBILITY

3. Proposing, organizing and running evening activities to raise awareness of European citizenship and opportunities, making people aware of the importance of the European Union in their daily lives.

Create activities with local residents based on European priorities and according to the wishes of the volunteer and the resident.



YOUR PROJECT :

AMBASSADOR OF EUROPE AND MOBILITY 2023/2024

4. Actively participate in promoting activities and designing materials for them (billboards, creating events or social media posts, etc.).

Manage Facebook and Instagram pages with Habitat Jeunes animators.

The Maison de l'Europe may ask the volunteer to take part in some of its events from time to time (Christmas in Europe evening, Europe Day, animation in schools, etc.).



PRACTICAL ASPECTS



- We will give you sim Cards.
- In the first days, we will open with you a French bank account in the Crédit Mutuel.
- You will receive pocket and food money at the beginning of each month with a bank check or transfer.

FINANCIAL ASPECTS



- Transportation : up to 275€ maximum.
- Pocket money : 6€ per days (182€ par month) + food money (250€ per month) = 432€ per month.